



EMPTY NESTER TRAVEL BUCKET LIST CHECKLIST

Now that the kids are grown, it's time for your own adventures!

Big Adventures & Dream Destinations

- Take that once-in-a-lifetime trip (Europe, Asia, or Africa).
- Go on a multi-country river cruise.
- Visit the national parks you always promised yourself.
- Plan a heritage trip to trace your family roots.

Relaxation & Wellness Trips

- Book a luxury beach getaway—just the two of you.
- Try a wellness retreat (yoga, spa, meditation).
- Spend a week at a vineyard or culinary tour.
- Rent a cabin in the mountains for unplugged time.

Road Trips & Close-to-Home Fun

- Map out a scenic U.S. or Europe road trip.
- Explore quirky small towns you've always skipped.
- Stay in a boutique hotel in your own city for a "staycation."
- Visit friends you haven't seen in years.

Experiences Over Things

- Attend a major festival (Oktoberfest, Mardi Gras, Edinburgh Fringe).
- See a Broadway show or West End performance.
- Book a hot-air balloon, helicopter, or sailing adventure.
- Try a guided photography or art retreat abroad.

Making It Happen

- Pick one "dream trip" for this year.
- Pick one "local or short getaway" for this season.
- Set aside a travel fund (monthly automatic savings).
- Start your countdown—get excited!

✨ Empty nest means empty calendar pages waiting to be filled with adventure. ***Where will you go first?***



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